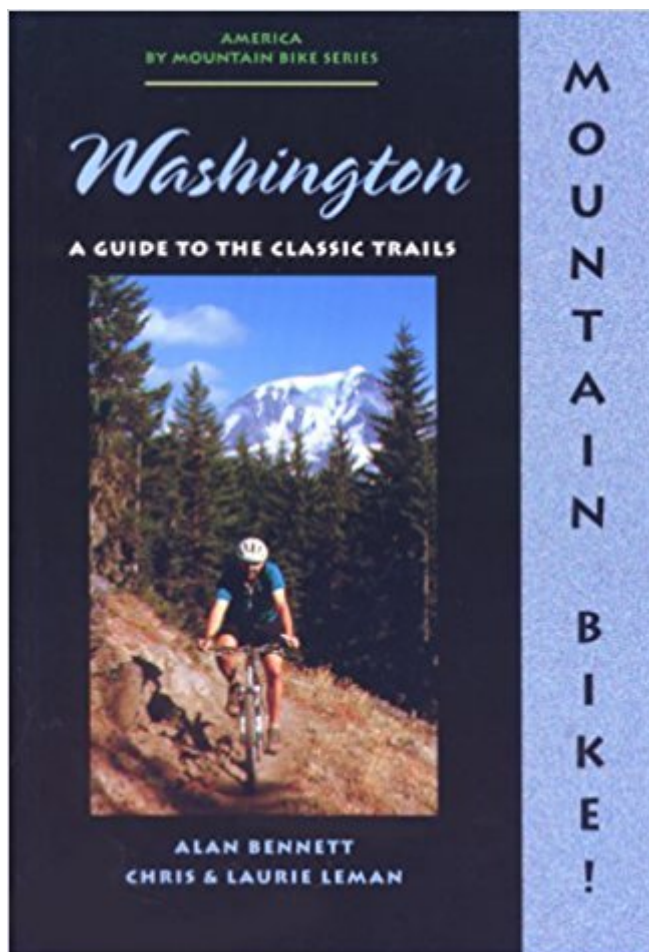


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# Mountain Bike! Washington (America By Mountain Bike)



## Synopsis

Forget about the espresso bars - the best buzz in Washington is on its fantastic mountain biking trails. From freshwater lakes to towering peaks and green valleys, Washington's landscape is as exciting as it is diverse. And with so much to discover, it pays to have the inside scoop on mountain biking in the Evergreen state. Mountain Bike! Washington will introduce you to the thrill of exploring this wilderness while you experience its most unforgettable rides. Mountain Bike! Washington provides detailed information on over 85 breathtaking rides throughout Washington, including tours in the Cascade Mountains, the Olympic Mountains, and rides in and around Seattle, Spokane, Bellingham, and Vancouver. From high-adrenaline single-track to mellow jaunts through fabulous scenery, if it's good riding, it's profiled here. Each route profile features at-a-glance information, a thorough ride description, a detailed trail map, helpful sources of information, proximity of important services, valuable commentary on elevation changes and possible hazards, and a rescue index. Mountain Bike! Washington also features interesting and entertaining photographs, vivid descriptions of native flora and fauna, a glossary of mountain biking terms, and tips on mountain biking etiquette.

## Book Information

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## Customer Reviews

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exciting as it is diverse. And with so much to discover, it pays to have the inside scoop on mountain biking in the Evergreen state. Mountain Bike! Washington will introduce you to the thrill of exploring this wilderness while you experience its most unforgettable rides. Mountain Bike! Washington provides detailed information on over 85 breathtaking rides throughout Washington, including tours in the Cascade Mountains, the Olympic Mountains, and rides in and around Seattle, Spokane, Bellingham, and Vancouver. From high-adrenaline single-track to mellow jaunts through fabulous scenery, if it's good riding, it's profiled here. Each route profile features at-a-glance information, a thorough ride description, a detailed trail map, helpful sources of information, proximity of important services, valuable commentary on elevation changes and possible hazards, and a rescue index. Mountain Bike! Washington also features vivid descriptions of native flora and fauna, a glossary of mountain biking terms, and tips on mountain biking etiquette. (6 x 9, 448 pages, maps, b&w photos)

If you're going to be mountain biking in Washington, this should probably be one of the first trail guides in your collection. It covers almost 90 of the major rides all over the state. Each ride is accompanied by an "at a glance" section that will give you basic overview of the ride as well as good maps and very complete writeups. I've never had a problem finding a trail (or finding my way on a trail) and generally agree with all of the comments written about the trails. I just wish the trails had estimated driving times from major areas. The front of the book also has all of the trails categorized by "type". So, if you're a single track person, just find the list of single track trails and off you go. If you're planning on riding in a specific region (such as the Seattle area), I'd recommend picking up a book specific to the region as this doesn't cover all of the local trails.

I recently used this book on a tour of mountain bike rides through Washington State and recommend it highly. The route descriptions are well-detailed. I will say that the writing is strangely uneven--some chapters are bland, while others are very colorful. In any case, it tells you where the great rides are, gives you a sense of what your experience will be on the trail, and makes sure you find your way back afterward. The author(s) did a great job of finding amazing rides near Mt. St. Helens. In short: if you ride in Washington, this book is a must.

Although I haven't had a chance to actually -try- most of the trails in the book, it seems to be a great guide telling you how to get to the trail, and what to expect on the trail itself. Unlike many books I've seen, it also covers a wide range of skill levels...if you're a newbie (like I am), you'll find a stack of trails. If you're an experienced rider (like I hope to be), you'll find a stack of trails. Whatever you're

looking for, you should find it. If you're looking for trails, this book would be a great place to start.

I used this book extensively to discover all the excellent off-road riding Washington has to offer. The author offers very useful information for a wide variety of riders and trails. From lung-busting backcountry epics to leisurely suburban trails, this book covers Washington mtb'ing fairly comprehensively. The maps and trail descriptions are especially helpful. Second only to Zilly's excellent trail guide. Highly recommended!

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